

TMI'S 6 DAY RESIDENTIAL PROGRAM – TIMELINE

The Timeline program was designed by Lee Stone and the exercises are narrated by Dr. Darlene Miller, who was the former Director of Programs and Vice President for TMI.

The program is described as follows although as all TMI programs is can be so much more.

Each of us is born with unique opportunities for personal growth and self- actualization. Yet, in the unfolding of our lives we sometimes experience doubts. Are we fulfilling our greatest potential? Are we living according to our highest purpose?

Using special exercises powered by the Hemi-Sync® technology, the Timeline program is designed to guide you step-by-step to- ward knowing your life's higher purpose, to gaining new insights about how to live fully.

You will first revisit the early years of your current life, uncovering and releasing old beliefs or recurring emotions that have limited or obstructed your progress. Your discoveries and insights are for your personal enhancement. Sharing them is welcomed but not required.

Next, you are guided into a deep exploration of past lives—of who you were— toward a new understanding of the origins of your current life situation. By healing and releasing the past you can create an opening to a more purposeful and fulfilling future.

Ultimately, you are led to move forward in local time, meeting your higher self, perceiving future events, receiving clarity about your purpose, and gaining a new life overview. Your new overview allows you to navigate life with the least resistance and maximum benefit. You are aided to realize what is possible— what can be optimized and accomplished with your remaining time in this life experience.